



2022-23 MIAC Women's Hockey Awards

2022-23 MIAC Women's Hockey Offensive Player of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
F	Hailey Holland	Gustavus	Sr.	Aberdeen, S.D. Central	--

2022-23 MIAC Women's Hockey Defensive Player of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
D	Kayla Vrieze	Gustavus	Sr.	Eagan, Minn.	--

2022-23 MIAC Women's Hockey Rookie of the Year

Position	Name	Institution	Class	Hometown High School
D	Nora Stepan	Augsburg	Fy.	Apple Valley, Minn. Eastview

2022-23 MIAC Women's Hockey Sheila Brown Award

Position	Name	Institution	Class	Hometown High School
D	Kaitlyn Blair	St. Catherine	Sr.	New Prague, Minn.

2022-23 MIAC Women's Hockey Coach of the Year

Name	Institution	Previous Selections
Tracy Johnson	St. Olaf	--

2022-23 MIAC Women's Hockey All-Conference

Position	Name	Institution	Class	Hometown High School	Previous Selections
F	Solvei Berg-Messerole	St. Olaf	Fy.	Minneapolis, Minn. Highland Park	--
F	Allie Bussey	St. Scholastica	Jr.	Hibbing, Minn.	--
F	Emily Cronkhite	Augsburg	So.	Eagan, Minn.	--
F	Katie Flynn	Augsburg	Sr.	Woodbury, Minn. East Ridge	2020 (HM)
F	Hailey Holland	Gustavus	Sr.	Aberdeen, S.D. Central	2020 2022
F	Kaitlyn Holland	Gustavus	So.	Aberdeen, S.D. Central	--
F	Emily Olson	Gustavus	Sr.	Delano, Minn.	2022
F	Aurora Opsahl	Saint Benedict	So.	Duluth, Minn. Hermantown	--
F	Brooke Power	Gustavus	Jr.	Lakeville, Minn. North	2022
F	Tina Press	Gustavus	Sr.	Cottage Grove, Minn. Park	2020 2022
F	Marie Reimer	St. Catherine	Sr.	Rogers, Minn.	--
F	Kennedy Stein	Augsburg	Jr.	Lake Forest, Ill.	--
D	Payton Allen	Augsburg	Sr.	St. Michael, Minn. St. Michael-Albertville	2022
D	Grace Lankas	St. Olaf	So.	Lakeville, Minn. Apple Valley	--
D	Brooke Remington	Gustavus	Jr.	Scandia, Minn. Forest Lake	--
D	Nora Stepan	Augsburg	Fy.	Apple Valley, Minn. Eastview	--
D	Jenna Timm	Saint Benedict	So.	Maple Grove, Minn.	2022
D	Kayla Vrieze	Gustavus	Sr.	Eagan, Minn.	2022
G	Hannah Fritz	St. Olaf	Fy.	Woodbury, Minn. Cretin-Derham Hall	--
G	Katie McCoy	Gustavus	Sr.	Grafton, Wis. Cedarburg	2022 (HM)

2022-23 MIAC Women's Hockey Honorable Mention

Position	Name	Institution	Class	Hometown High School	Previous Selections
F	Laura Denchfield	St. Catherine	Sr.	Brooklyn Park, Minn. Osseo	2020 (HM) 2022 (HM)
F	Haley Eder-Zdechlik	Hamline	Jr.	Stillwater, Minn.	--
F	Jerica Frieze	Concordia	Jr.	Argusville, N.D. Fargo Shanley	2022 (AC)
F	Lily Mortenson	Gustavus	Fy.	Champlin, Minn. Benilde-St. Margaret's	--
F	Abby Pohlkamp	St. Scholastica	Sr.	Baxter, Minn. Brainerd	2022 (AC)
F	Molly Terebayza	St. Olaf	Fy.	Coon Rapids, Minn.	--
D	Kaitlyn Blair	St. Catherine	Sr.	New Prague, Minn.	2022 (AC)
D	Elizabeth Valley	Hamline	Sr.	Forest Lake, Minn.	--
G	Chloe Stockinger	Augsburg	Jr.	Sauk Rapids, Minn. Sauk Rapids-Rice	--

2023 MIAC Women's Hockey All-Playoff Team

Position	Name	Institution	Class	Hometown High School	Previous Selections
F	Emily Cronkhite	Augsburg	So.	Eagan, Minn.	--
F	Jenna Gerold	Augsburg	Sr.	Farmington, Minn.	--
F	Hailey Holland	Gustavus	Sr.	Aberdeen, S.D. Central	--
F	Emme Nelson	Hamline	Jr.	Mahtomedi, Minn.	--
F	Tina Press	Gustavus	Sr.	Cottage Grove, Minn. Park	--
D	Jenna Timm	Saint Benedict	So.	Maple Grove, Minn.	--
D	Kayla Vrieze	Gustavus	Sr.	Eagan, Minn.	--
F	Iona Welsch	St. Olaf	So.	Lakeville, Minn. South	--